

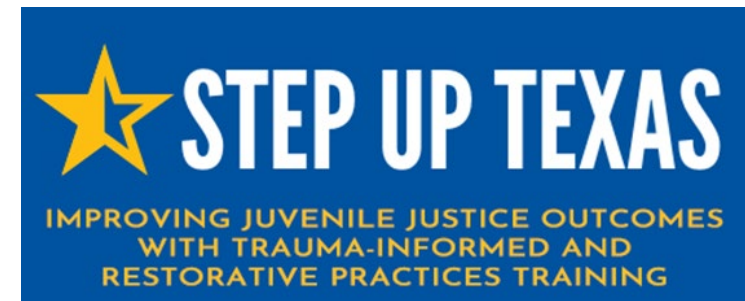
Interviewing for Impact: Trauma-Informed Eligibility Screening



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What is Trauma?

Three Es Definition of Trauma

- Event
- Experiences
- Effects

(SAMHSA, 2014)

“Trauma is not what happens to you. It is what happens inside you as a result of what happened to you. Trauma is not the event that inflicted the wound...Trauma is the wound that you sustained as a result.”

(Maté, 2022)



Risk Factors that Influence Development

- Difficult Pregnancy
- Difficult Birth
- Early Hospitalization
- Trauma



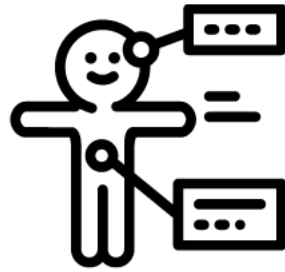
Five B's of Relational Trauma



Brain



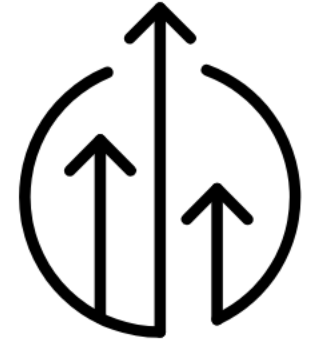
Biology



Body



Behaviors



Beliefs



Chronological vs Developmental Age



Chronological Age



Developmental Age



Presentation



Actual vs Felt Safety

Just because we ***are*** safe doesn't mean we ***feel*** safe

When we feel safe in our environment, we feel secure enough to:

- Explore
- Learn
- Try new things
- Connect

How can we increase felt safety?

- Meet basic needs first
- Transparency and honesty
- Clear expectations – set early and often
- Consistently safe and predictable interactions



Trust-Based Relational Intervention®

Connecting

- Mindful Awareness
- Behavior Matching
- Voice Quality
- Eye Contact / Touch
- Playful Interaction

Empowering

- Physiological vs. Ecological
- Hydration and Hunger
- Sensory Experience
- Transitions

Questions?

Thank you!

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